

# Les raideurs du genou

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The authors of the next presentation have identified no following potential conflicts of interest



**11+**

a complete warm-up programme



CENTRE  
ALBERT  
TRILLAT

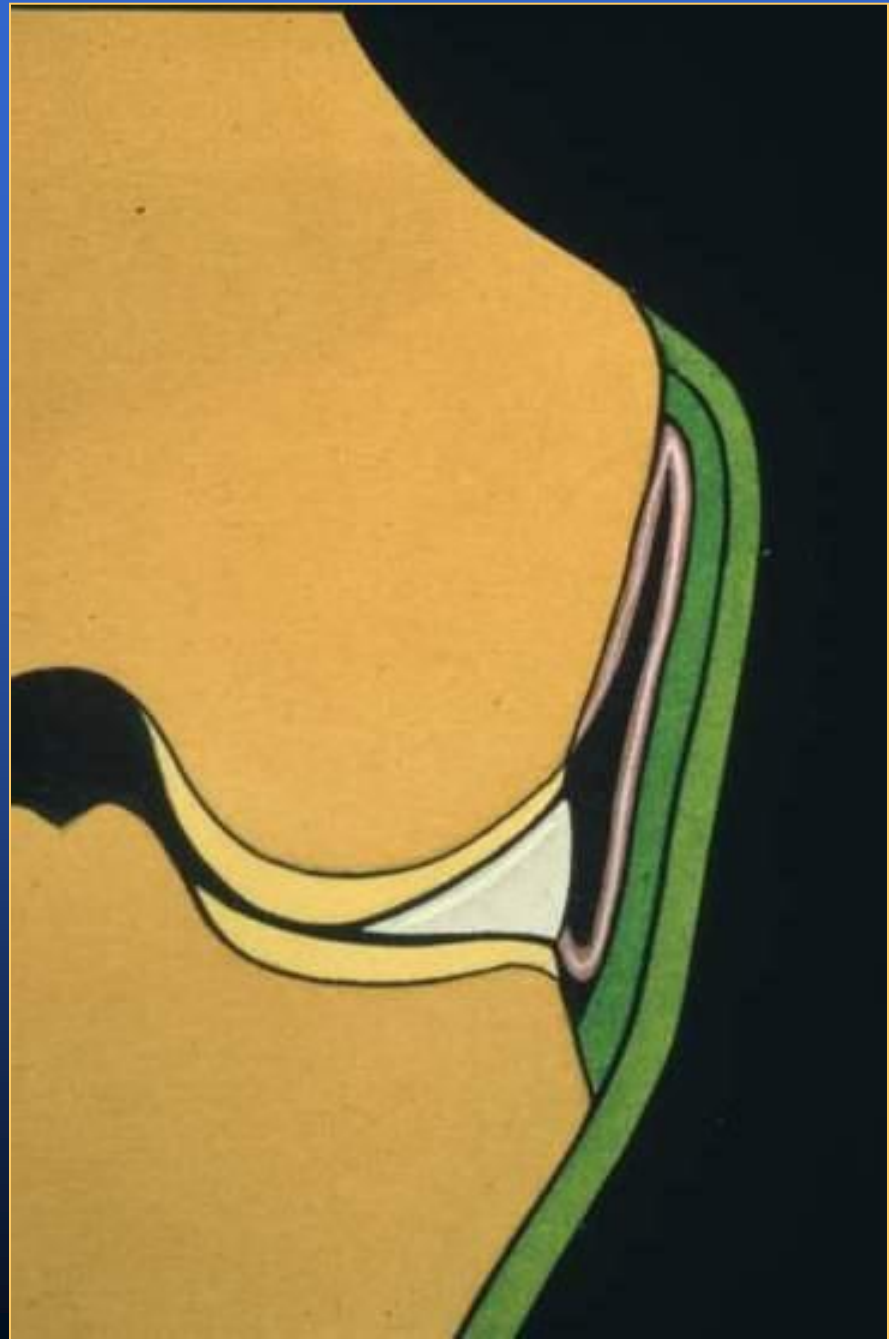
UNIVERSITY TEACHING CENTER



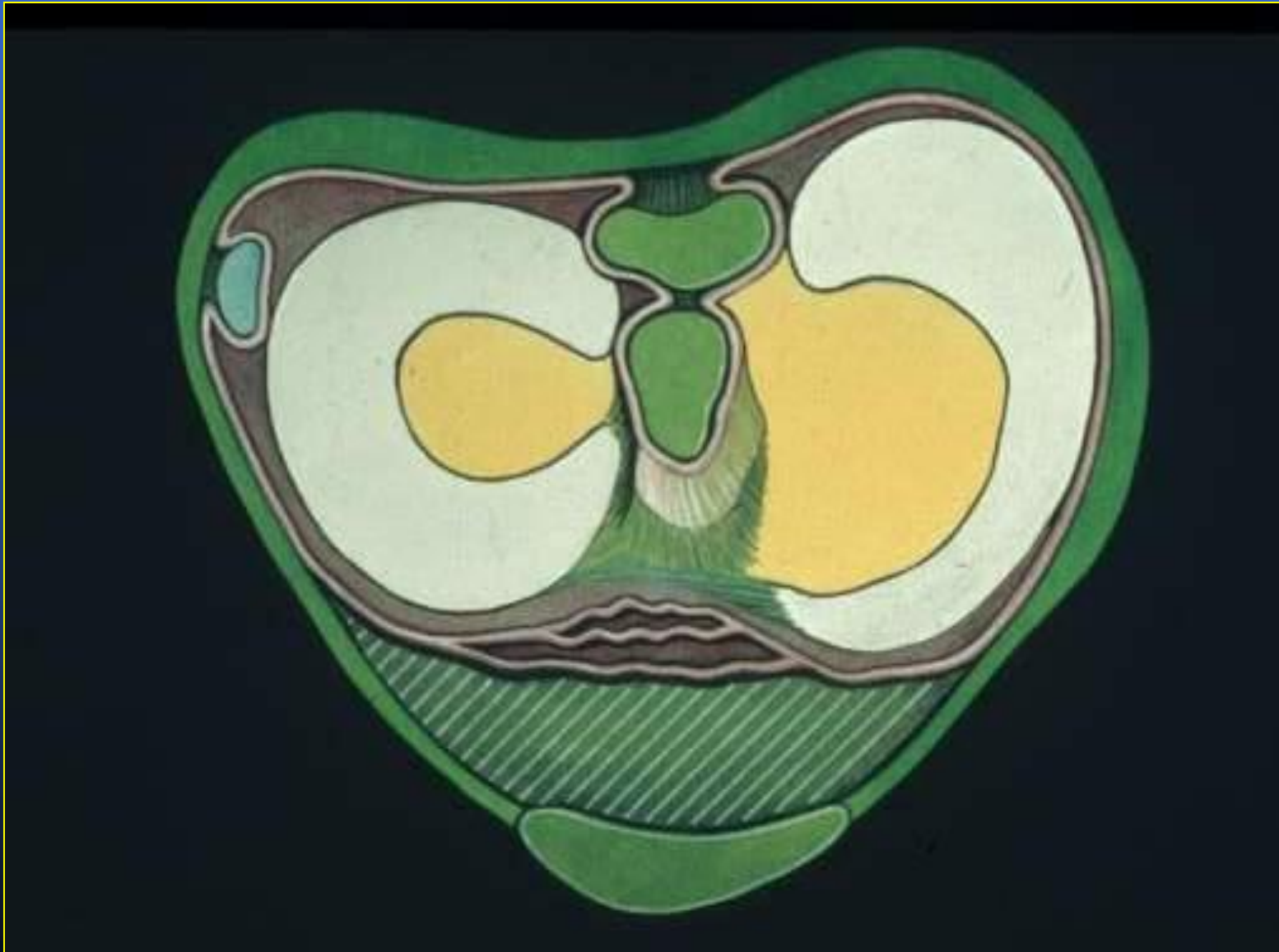
Cul de Sac  
Sous Quadricipital

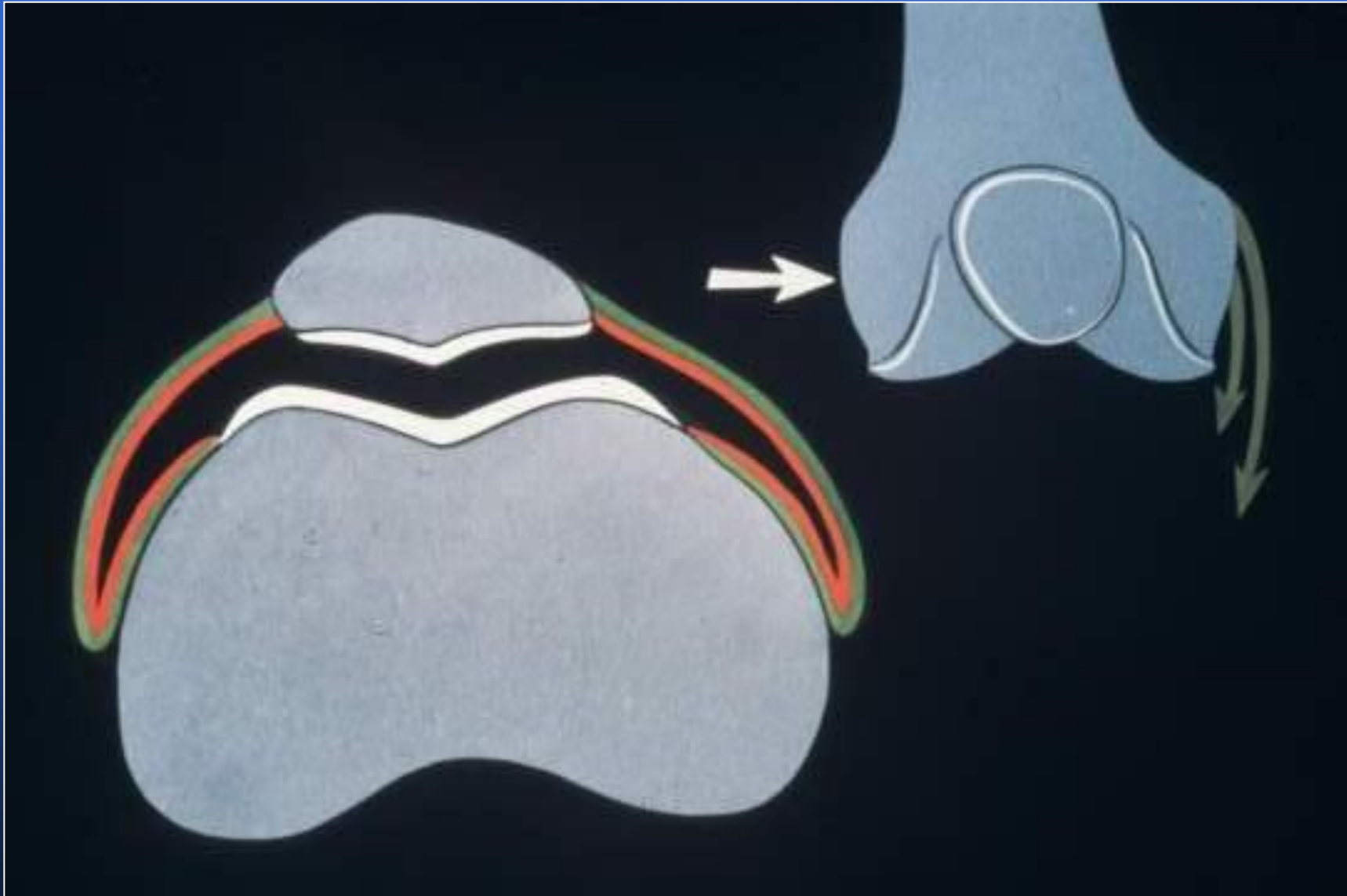


Joues  
Condyliennes



# Structures menisco-ligamentaires





Cavité articulaire – Capsule articulaire

Raideurs extra-  
articulaires



# CLASSIFICATION

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## Raideur

intra capsulaire (cavité)	}	Intrinsèque, articulaire
capsulaire (capsule)		
extra capsulaire	—	Extrinsèque



# CLASSIFICATION

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## Raideur

en flexion

en extension

mixte (algodystrophie)

## Raideur

intra capsulaire (cavite)

capsulaire (capsule)

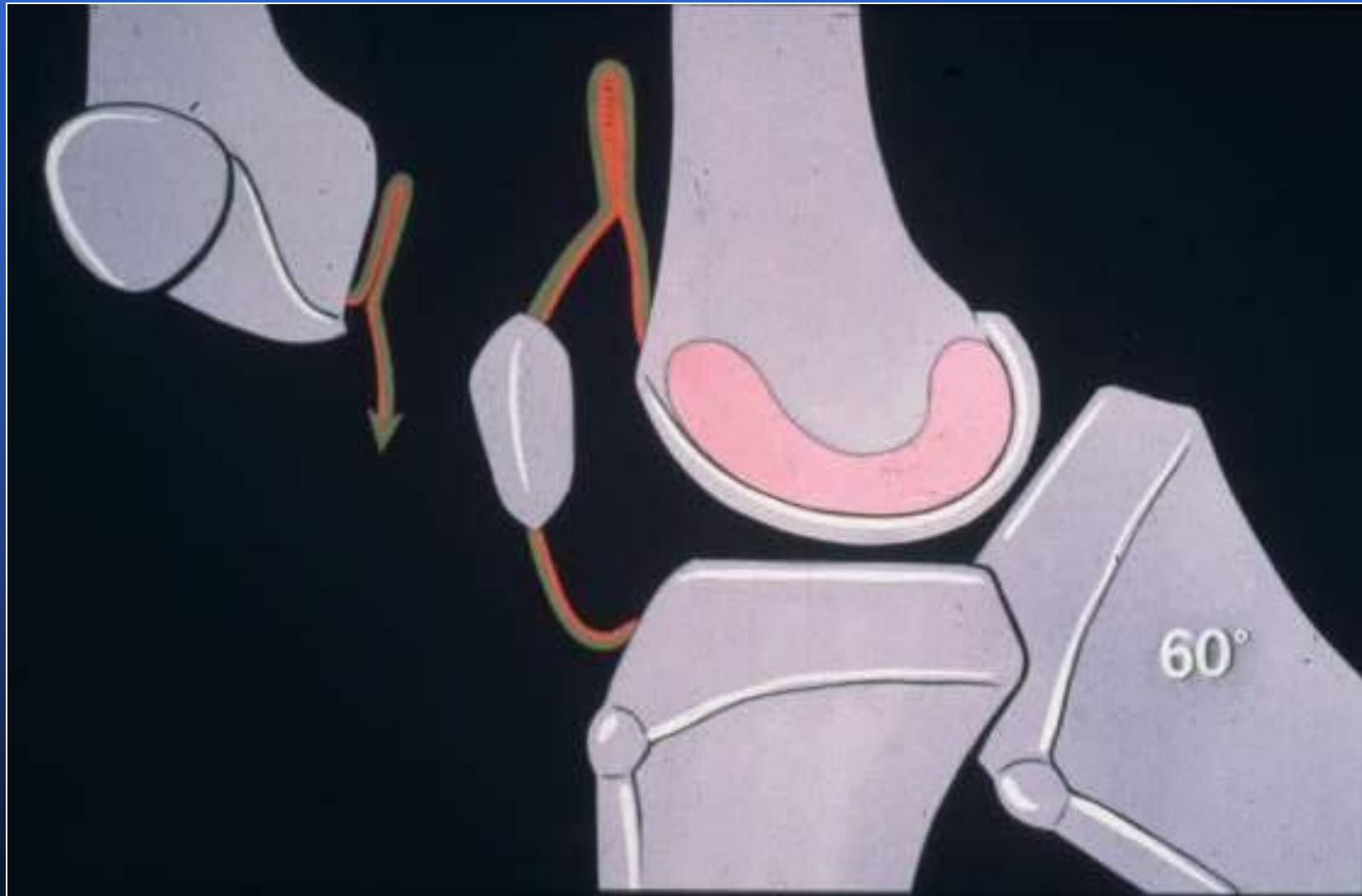
extra capsulaire



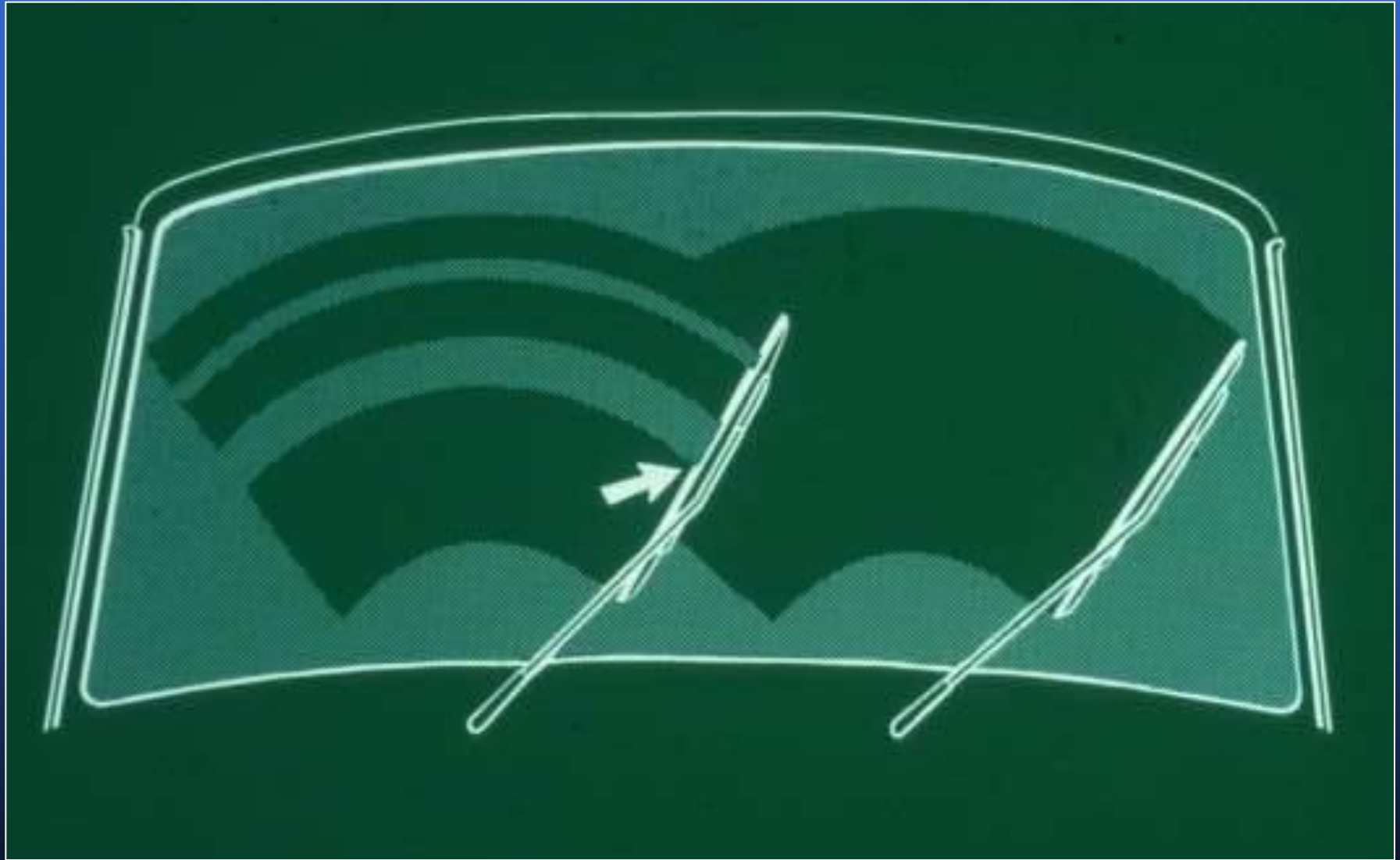
Intrinsèque, articulaire

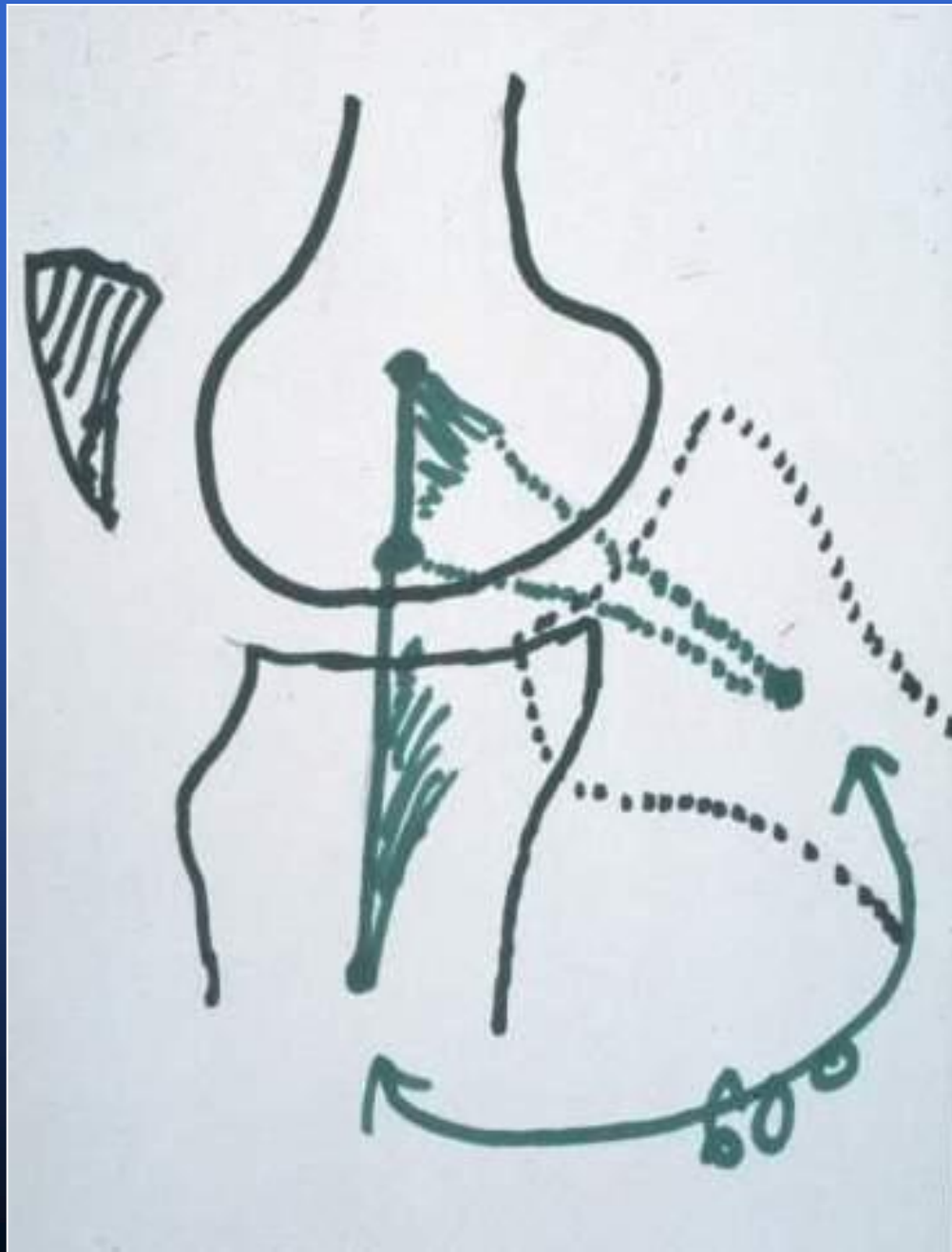
extrinsèque

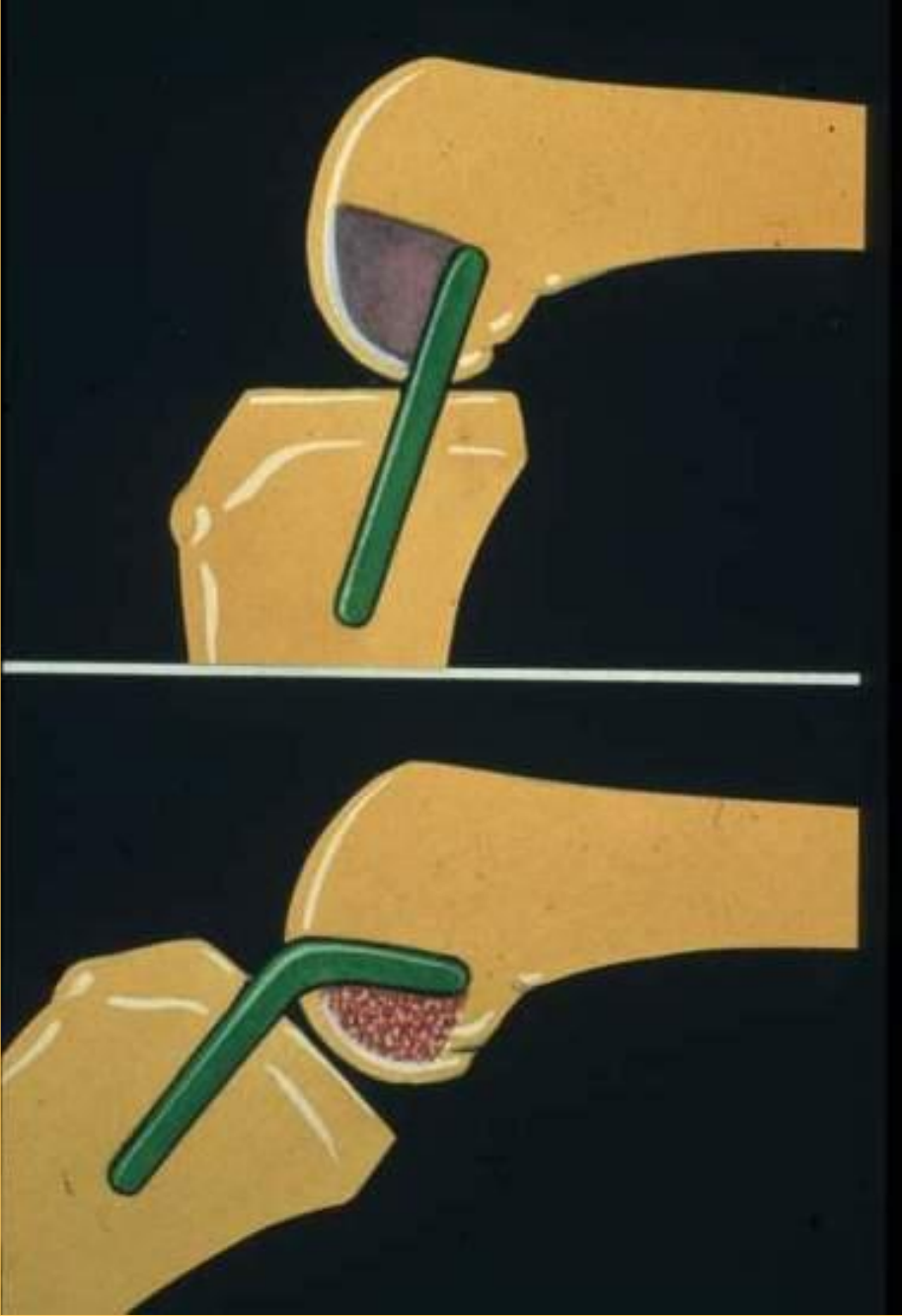
# LIMITATION DE LA FLEXION



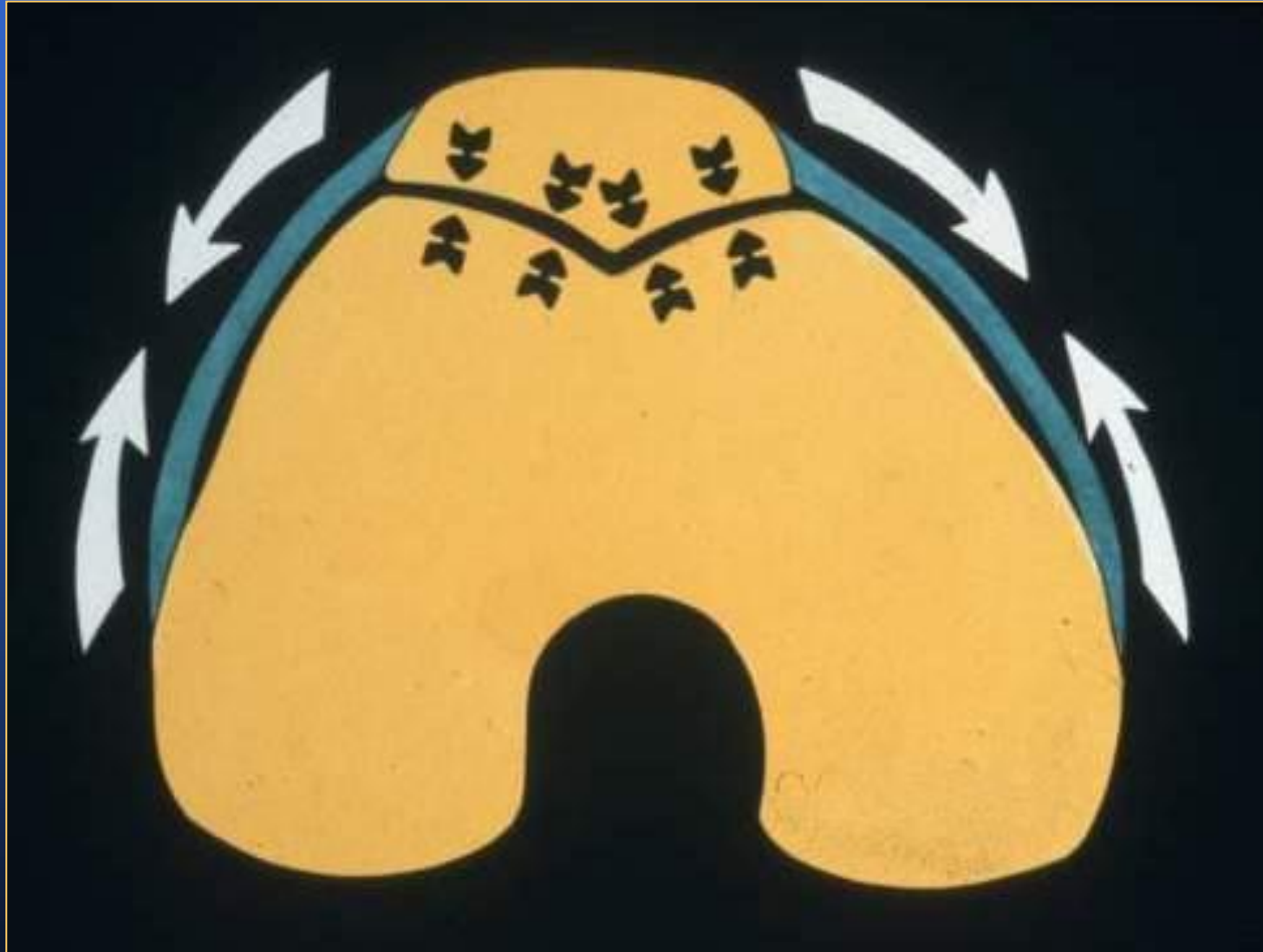
Intracapsulaire





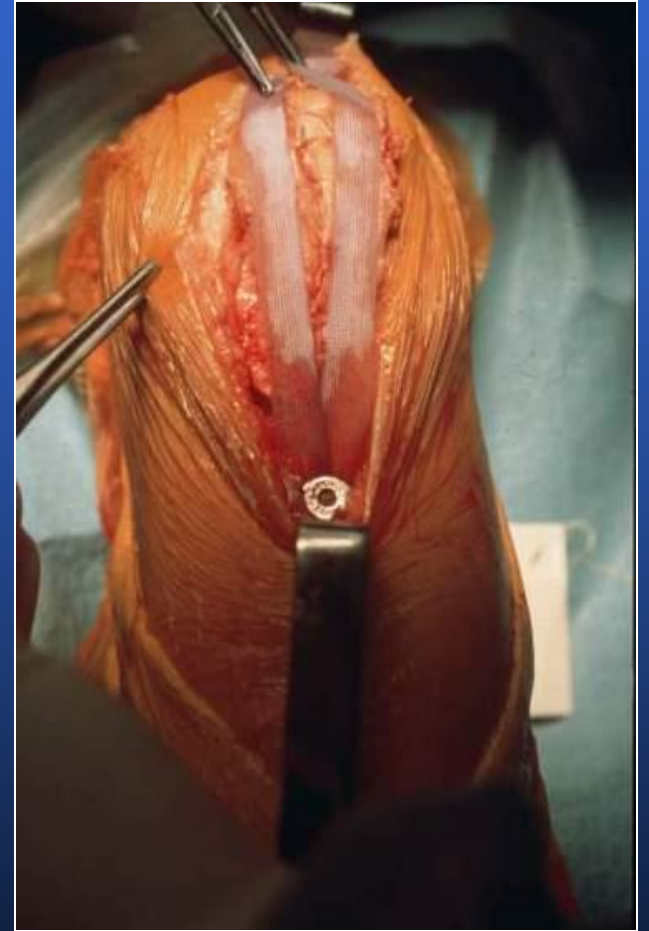
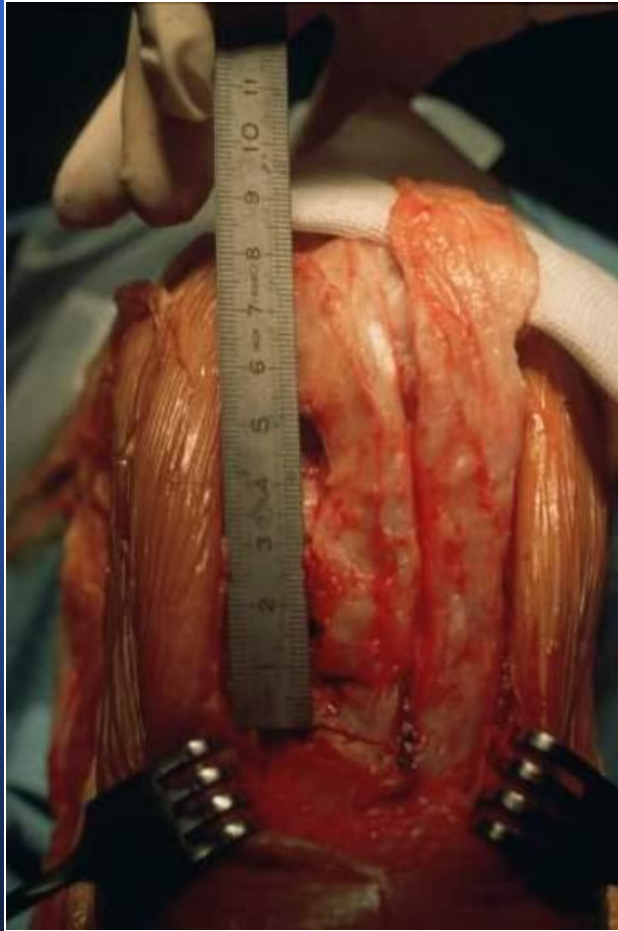
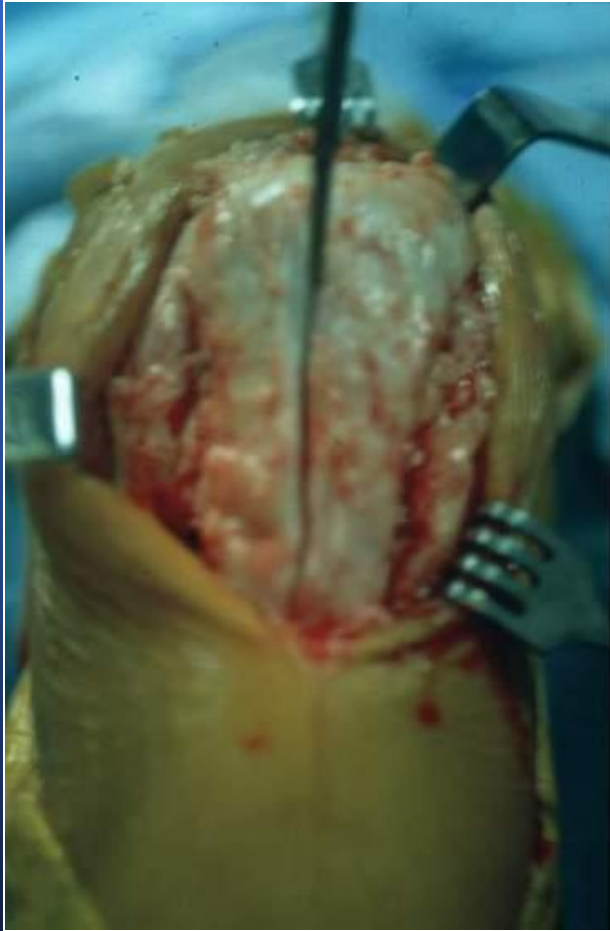


# LIMITATION DE LA FLEXION



Capsulaire

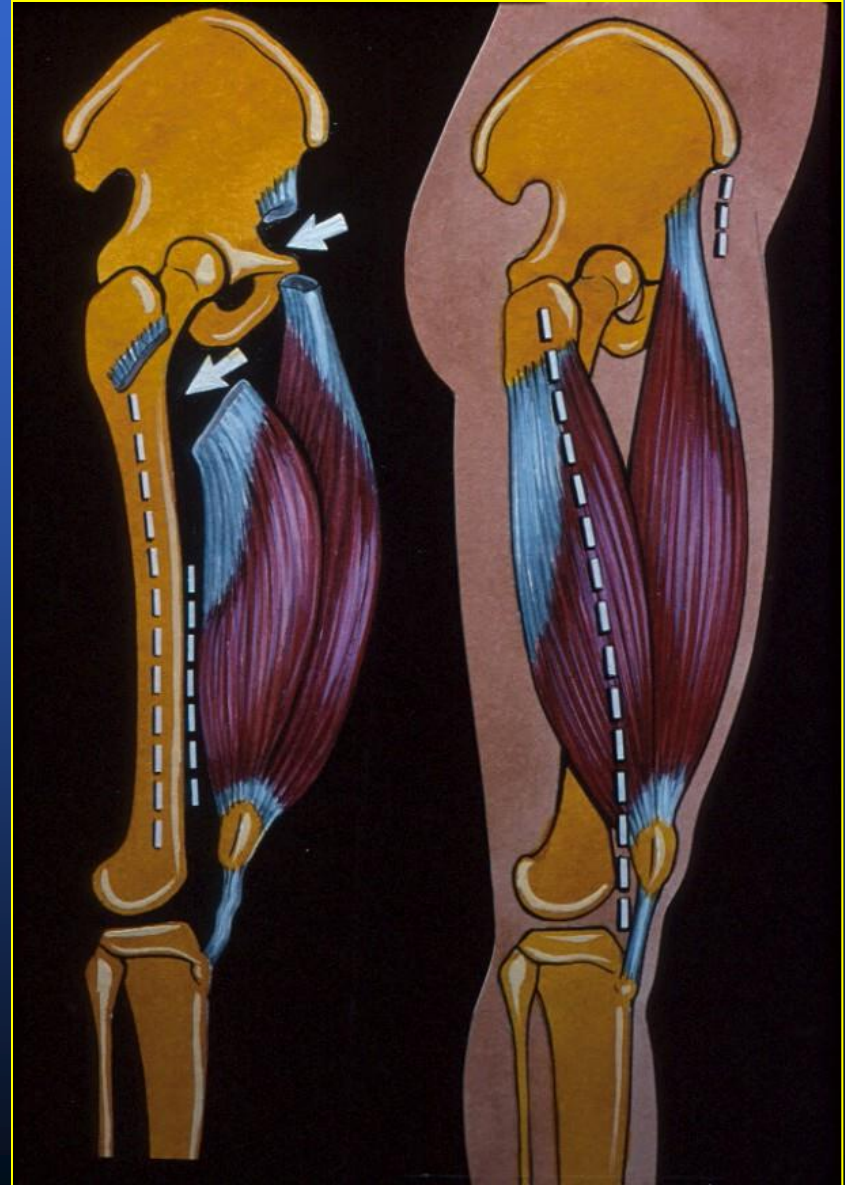
# LIMITATION DE LA FLEXION



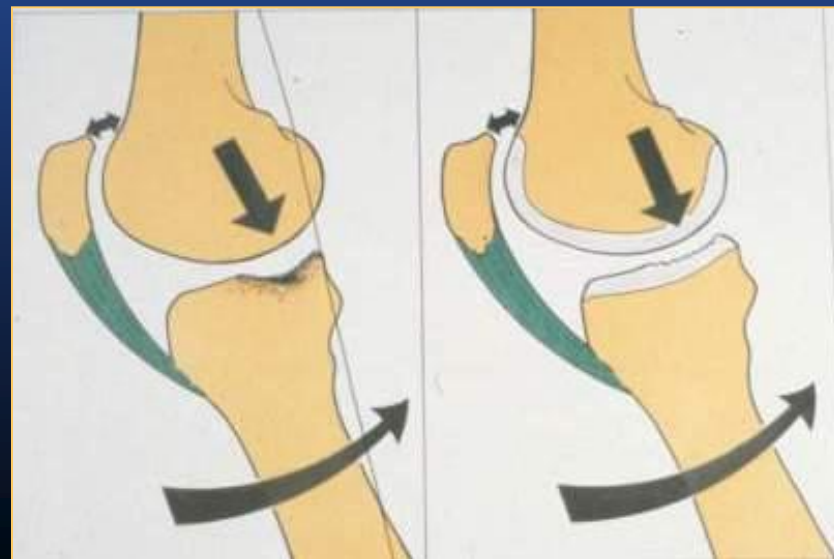
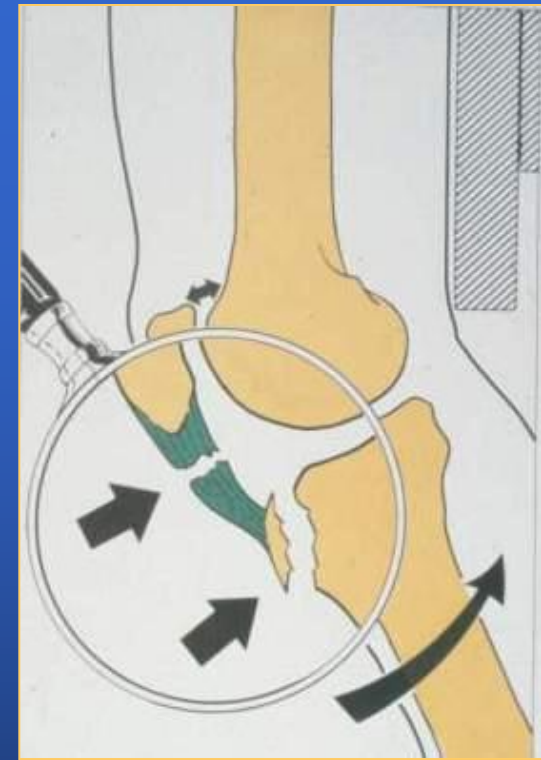
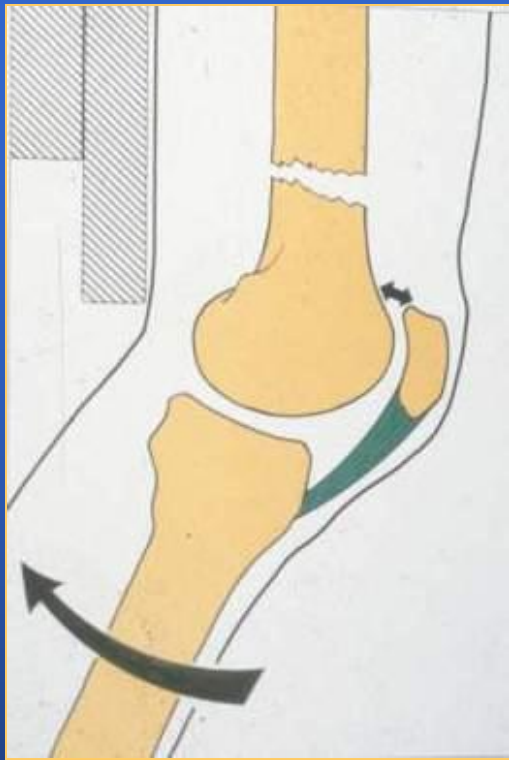
Capsulaire (T. Rotulien)

# LIMITATION DE LA FLEXION

Extrinsèque







# LIMITATION DE L' EXTENSION

Intracapsulaire



# BATTANT DE CLOCHE

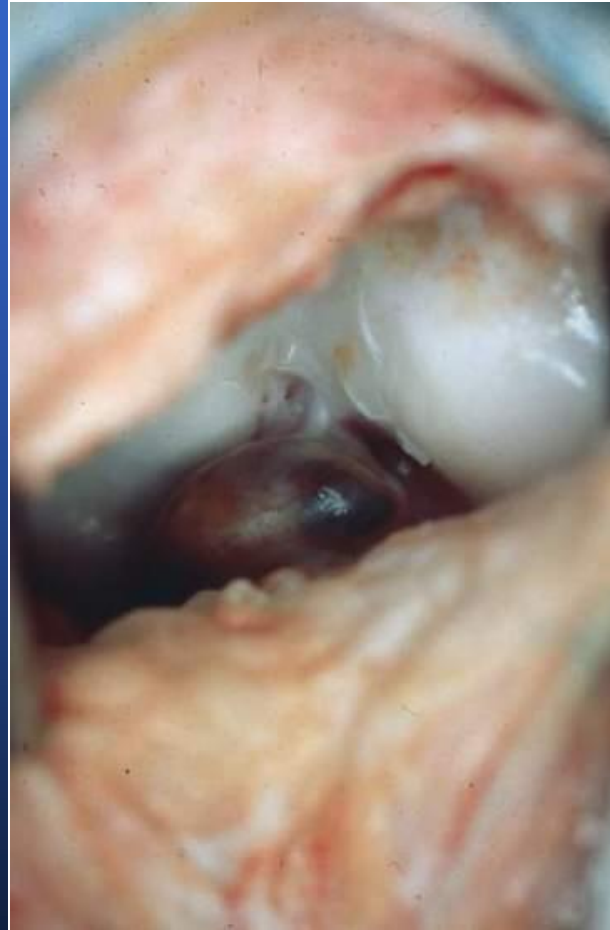


Figure - Cyclops

# LIMITATION DE L' EXTENSION

Capsulaire



# CLASSIFICATION

## Raideur

en flexion

en extension

mixte (algodystrophie)

## Raideur

intra capsulaire

capsulaire

extra capsulaire

]

intrinsèque

—

extrinsèque

2012

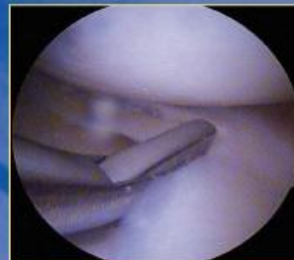


TECHNIQUES CHIRURGICALES  
orthopédie-  
traumatologie  
DE L'ADULTE

# Traité de chirurgie du genou

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Elvire Servien,  
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Philippe Neyret  
Guillaume Demey  
Editors

## Surgery of the Knee

Springer

2014

Niveau 1 : Chirurgie Ambulatoire Orthopédie  
Rez de chaussée : Consultation Orthopédie  
Bureau des Admissions

